Keeping Our Bodies Healthy

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January 2019

Preschool 3's with Childcare

Skills	Monday	Tuesday	Wednesday	Thursday	Friday	Show & Tell
The Body		1	2	3	4	
Skill : Circle, #0		BB Closed				Guessing baby
Enrich. Skill: Intro to Letter Ee		Happy New YE R				pictures.
Dental Health	7	8	9	10	11	
Skill: Square, #1 Enrich. Skill: Intro to Letter Ff, Count- ing 0-5			a start			Something shaped like a square.
Nutrition & Exercise	14	15	16	17	18	
Skill: Rectangle, #2 Enrich. Skill: Intro to Letter <i>G</i> g, Song Cube						Something shaped like a rectangle.
5 Senses/Physically Challenged	21	22	winter Festival 23	24	25	
Skill: Triangle, #3 Enrich. Skill: Intro to Letter Hh	Martin Luther King Day		Class Party!			Something shaped like a triangle.
Groundhog Day	28	29	30	31		
Skill: Rhombus, #4		Miss Sara's Conferences-				Bring in something
Enrich. Skill: Intro to Letter Ii, Size Discrimination		please see sign up sheet				shaped like a rhombus.